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## TOPICAL ANAESTHETIC INFORMED CONSENT

### What is a topical anaesthetic?

A topical anaesthetic is a numbing agent applied to the skin's surface to reduce discomfort during a procedure. It is not injected, and its effectiveness can vary from person to person.

### Possible Risks and Side Effects

Although topical anaesthetics are generally safe, some individuals may experience side effects, including:

- Ineffective numbing or reduced effectiveness
- Allergic reactions (rash, redness, swelling, itching, or blistering)
- Heart palpitations
- Dizziness or feeling lightheaded
- Anxiety or restlessness
- Tingling in the treated area
- Rare but serious allergic reactions (anaphylaxis), which may include:
  - Tingling in the mouth
  - Swelling of the face
  - Hives or welts
  - Abdominal pain

### Who Provides and Applies the Anaesthetic?

- You must obtain your topical anaesthetic from a doctor and pharmacy.
- You are responsible for applying it yourself. Your practitioner/therapist may assist with application as per professional guidelines.

### Your Responsibilities Before Use

Inform your practitioner/therapist if you:

- Have any medical conditions (e.g., diabetes, high blood pressure, infections, serious illnesses)
- Have used recreational drugs in the last 72 hours
- Have had previous issues with anaesthesia (including family history)
- Take any medications, including blood thinners, contraceptives, antidepressants, or insulin
- Have allergies or sensitivities to any substances

### Acknowledgment

I have read and understood the risks associated with using a topical anaesthetic.

Client Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Witness Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_