

Plasma Fibroblast Treatment Cleaning Protocol - Mobile Businesses

1. General Mobile Hygiene Standards

Unlike salon-based businesses, **mobile practitioners must ensure** they:

- Maintain a **clean and organised** mobile kit with properly stored sterilised tools.
- Have a designated **clinical waste system** for disposal.
- Minimise **cross-contamination** by using single-use disposables where possible.
- Ensure that the client's **home environment** is clean and prepared before treatment.

2. Pre-Treatment Cleaning Protocol

Before Leaving for an Appointment

Prepare a Clean, Sterile Kit:

- Sterilise all non-disposable tools **before packing**.
- Store disinfected tools in a **sealed sterile container**.
- Ensure the **plasma pen** is cleaned with **alcohol wipes** and stored in a sterilised pouch.
- Pack fresh **PPE (gloves, apron, face mask, disposable bed covers, gauze, wipes, and disinfectant)**.

Clinical Waste & Disposal Preparedness:

- Carry a **portable clinical waste bin** with a **sealable bag** for hazardous materials.
- Have a **sharps disposal container** if using disposable needles.
- Bring a **disinfectant spray or wipes** for use at the treatment location.

Upon Arrival at the Client's Location

Set Up a Clean, Controlled Treatment Area:

- Request the client to clear a **small, well-lit area** with minimal foot traffic.
- Lay down a **disposable treatment mat** or disinfect the existing surface.
- Set up a **portable treatment bed** with a **fresh disposable cover** and **disposable pillowcase**.
- Use a **portable trolley or disposable surface protector** to arrange tools.

✓ Hand Hygiene & PPE:

- Wash or sanitise hands thoroughly before wearing gloves.
- Wear a **new disposable apron, gloves, and a face mask** before touching any tools.
- Ensure the **client's skin is cleansed** with an **antibacterial wash, alcohol-free, chlorhexidine or alcohol wipes** before starting.

3. Cleaning Protocol During Treatment

Maintaining hygiene **throughout the procedure** is critical to prevent contamination.

✓ Hygienic Handling of Tools & Devices:

- Use only **sterile disposable tips** on the plasma fibroblast pen.
- Do not place **used tools** on **clean surfaces**—use a **dedicated contaminated tray**.

✓ Waste Disposal in a Mobile Setting:

- **All single-use items** (e.g. wipes, gauze, masks, fibrella, gloves) must be disposed of in a **clinical waste bag** immediately.
- Used sharps/needles must be disposed of in a **sealed sharps container**.
- Avoid leaving any waste at the client's premises—**always transport waste safely for disposal**.

✓ Avoid Cross-Contamination:

- Do not touch **phones, bags, or equipment cases** while wearing gloves.

✓ Practitioner Hygiene:

- Change gloves if they become **contaminated or torn**.
- Always keep **hand sanitiser** within reach.

4. Post-Treatment Cleaning Protocol

Once the procedure is complete, the area must be disinfected before packing up.

Cleaning & Sterilisation of Equipment

✓ Plasma Pen & Tools:

- Wipe the plasma fibroblast pen with an **alcohol-based disinfectant wipe** before placing it in a **sealed, clean container**.

- Any reusable tools (e.g. metal needles) must be placed in a **separate sealed bag** for later sterilisation.

✓ Surfaces & Treatment Bed:

- Disinfect all surfaces used (trolley, treatment bed, chair) with a **hospital-grade disinfectant spray or wipe**.
- Dispose of all **used bed covers and pillowcases** in a **waste bag**.

✓ Laundry & Waste Disposal:

- Store all used towels, cloths, or linens in a **sealable laundry bag** until they can be machine-washed at **60°C+**.
- Dispose of clinical waste **safely and legally** at a designated **clinical waste disposal site**.

✓ Final Hygiene Check Before Leaving:

- Remove **gloves, mask, and apron**, disposing of them correctly.
- Sanitise **hands and any reusable PPE** (e.g. face shield).
- Pack all **clean and used equipment separately** to avoid contamination.

5. Daily & Weekly Cleaning Schedule for a Mobile Business

Daily Cleaning Tasks (After Every Appointment)

- ✓ Disinfect all **surfaces, treatment bed, and trolley** used.
- ✓ Wipe down **plasma fibroblast pen and power cables** with alcohol wipes.
- ✓ Dispose of **all clinical waste** appropriately.
- ✓ Ensure reusable tools are **placed in a sealed container for later sterilisation**.

Weekly Deep Cleaning Tasks

- ✓ Deep clean and disinfect **all mobile equipment, including trolley bags and cases**.
- ✓ Run an **autoclave cycle** to sterilise any non-disposable tools.
- ✓ Check the **expiry dates** of all disinfectants, cleansers, and treatment products.
- ✓ Perform a **stock check** and restock **gloves, masks, disposable needles, and disinfectants**.

Cleaning & Hygiene Checklist for Mobile Plasma Fibroblast Treatment

♦ Before Leaving for an Appointment

- Pack sterilised tools in a **sealed, clean container**.
- Ensure the **plasma pen is disinfected** and ready.
- Prepare a **clinical waste bin and sharps container**.
- Pack a **fresh disposable bed cover, pillowcase, and PPE**.
- Carry a **hospital-grade disinfectant spray or wipes**.
- Ensure all **hand sanitiser, gloves, and masks** are available.

♦ Upon Arrival at the Client's Location

- Set up a **clean, disposable treatment mat**.
- Disinfect **treatment area surfaces** before setting up tools.
- Wash/sanitise hands before wearing fresh gloves and PPE.
- Cleanse the client's skin with **antibacterial solution**.

♦ During Treatment

- Use **new disposable tips** for the plasma pen.
- Avoid touching unclean surfaces while wearing gloves.
- Dispose of **all contaminated items** in a sealed waste bag.
- Maintain a **clutter-free, sanitised workspace**.

♦ After Treatment

- Wipe down and disinfect the **plasma pen, trolley, and bed**.
- Remove and dispose of **used disposable tips, gloves, and wipes**.
- Pack used reusable tools **separately for sterilisation later**.
- Mop or wipe the floor if necessary to remove debris.
- Transport **all clinical waste safely** for proper disposal.
- Wash hands and sanitise any **reusable PPE** before packing away.

Additional Notes for Mobile Practitioners

- Ensure **clients are aware** of pre-treatment cleanliness expectations.
- Keep a **dedicated, organised** storage system for clean and used equipment.
- Regularly check **vehicle cleanliness** to prevent contamination during transport.
- Follow **local council regulations** for mobile practitioner clinical waste disposal.